

COMPUTERS

Fix IT Fast

Every 3rd Wednesday of the month ½ hr presentation ½ hr question and answer.

10:30am - 11:30am - Gold Coin Donation

Tired of your computer throwing a tantrum right when you need it most?

This workshop by **ST Computer Solutions** is your one-stop shop for easy, frustration-free fixes to common tech troubles. Bring your devices, bring your questions, and get the help you need!

First Session Wednesday 18th of June at LINK

Computer Basics

Register your interest for Beginner computers using the Be Connected Program.

Canva for Beginners

Learn how to use Canva to create eye catching flyers posters, brochures and social media collateral.

Cost: \$5

CERTIFICATE COURSES

First Aid DATES TBC

Provide CPR HLTAID009 \$85.00 pp

Provide First Aid HLTAID011 \$185.00 pp

Provide First Aid in An Education & Care Setting HLTAID012 \$185.00 pp

Food Safety Training - CFT International

Complete all levels on-line or via correspondence. Certificate obtained. Prices from \$85

RSA online - CFT International SITHFAB021. Nationally accredited & approved by the VGCCC to deliver RSA in Victoria ONLINE. \$49.

THEATRE PRODUCTION

Garage Girls - Wednesday 13th August @7pm

Three Birds Theatre & The Shift Theatre

A night of storytelling magic with five actors playing many colourful characters. Meet Alice Anderson. Mechanic. Trailblazer. Entrepreneur.

She's the girl who knows her way around a Hups, Dodge and Austin better than anyone.



JULY SCHOOL HOLIDAYS

Dinosaur Time Machine

Wednesday 9th JULY- 11am

Kaniva Shire Hall - Doors open at 10:30

\$10 or \$30 Family

Book through LINK or the QR code

Buckle up and take a trip in a giant time machine to get up close and personal with a Life Sized (juvenile) T-Rex

Painting/Create a Model

Thursday 10th July 12:30 - 2:00 \$10 Ages 5+

Paint or create a masterpiece

Mindfulness Coloring

Tuesday 15th July 11:00 - 12:30 - \$10 Ages 5+

Choose from a wide selection of mandala or other coloring in sheets

Decorated Boot/Shoe/Footwear

Thursday 17th July 11:00-12:30 - \$10 Ages 8+

Jazz up an old boot, sandal or croc that has seen better days and turn it into a work of art.



SEPTEMBER SCHOOL HOLIDAYS

Decorated Pine Cone or Wooden Spoon

Thursday September 25th 11:00am -12:30pm - \$10 Ages 5+

Create a crafty masterpiece to enter in the Kaniva Show

Kids in the Kitchen

Hands on cooking fun for budding chefs

Thursday October 1st -11:00am -12:30pm - \$10

For ages 8+

COMMUNITY

Community Kitchen - interested in getting together to make new friends, have fun and enjoy good food together. Contact us to find out more. Come and join Christy Wilson and the LINK team on July 23rd to cook a hearty winter meal. Meal to be served at 12:30. Must register for catering purposes.

Working with Children Check

Do you need assistance to apply for a WWCC for your volunteering role? LINK can help.

Local Telephone Book available for \$10 from LINK



COMMUNITY

Emissions and Productivity: What farmers need to know

Dr Cass Schefe presenting; brought to you by Wimmera CMA in conjunction with Wimmera Women in Ag. All community members interested are welcome.

Tuesday 22nd of July from 10am - 2:30pm

Free event and lunch Registration essential

<https://forms.office.com/r/Gz7Dz47NkV>

Contact: Bronwyn Bant, Wimmera CMA

0427 529 232 bronwyn.bant@wcma.vic.gov.au or QR code



HEALTH AND WELLBEING

Movers and Shakers Walking Group - Free

Meet at LINK Wednesdays at 9:30am sharp.

Qigong (pronounced Chee gong) 10:30am Tuesdays

A practice that coordinates body posture, movement and breathing to promote balance, flexibility and strength.

Senior Citizens Rooms. Gold Coin Donation.

Kaniva Men's Shed - Open Monday to Friday 10 - 4pm

Tuesday 2pm Social Group - pop in for a coffee and chat.

Men's Shed lunches held every 2nd Tuesday of the month at 12:30pm. All men welcome.

Singing Just for Fun

1st, 3rd and 5th Thursday of the month @ LINK

Join a relaxed and joyful singing session where the only goal is to have fun, connect with others and enjoy feel-good vibes.

Find Your FIIT- A free 12-week pilot for rural women!

Struggling with joint pain, menopause symptoms, weight gain or not sure how to find your fit? Michelle Hall (née Dodson) is bringing "fitness that fits you" to her hometown.

Info Sessions: Tuesday, 15th July

① 6pm @ Kaniva Netball Courts

② 7pm @ Kaniva Gym

For details, contact Michelle at michelle.hall@tafesa.edu.au or LINK Neighbourhood House.

Kaniva Support Group

"Surround yourself with people who get it". Are you, or anyone you know affected by a chronic condition? If so, come along to connect with others for support.

June 24th from 2pm - 3pm Dementia - Join us for a relaxed and open chat about dementia

July 22nd from 2pm-3pm - Physiotherapy with guest speaker Leah Hawker.

ART & CRAFT



Windmill Stitches Patchwork

Beginners welcome, we can start you off or assist you with a project
10am- 4pm 2nd Monday of the month
3rd Saturday of the month and 4th Monday of the month
Cost: \$25 LINK Membership plus \$10 Club membership or \$10 casual attendance. Learn a new skill while enjoying the company of others.

Stampin Up Cards

First Tuesday of the month from 1pm
Cost: \$17 per class plus LINK \$25 yearly membership
Knit a Care Square: Whether you're a seasoned knitter or a beginner, this heart warming project lets you craft with purpose and make a difference, one square at a time. Talk to us about how you can help with this project.

EXPRESSIONS OF INTEREST

Drawing for Mindfulness and Relaxation

Lose yourself in the enjoyment of the activity without worrying about the end result.

Tiling Using Recycled Materials

Make an interesting and unique article using recycled materials such as bottle caps, mirror tile, old crockery, glass, fabric, paper, you name it.

Quick and Easy Watercolor

Make some super cute and effective watercolor cards, bookmarks and tickets using the easiest of techniques.

Airdry Clay

Have fun making some really lovely decorative pieces using Air Dry Clay.

Turkish Lamps

Create gorgeous Turkish lamps that are a striking statement piece. Kits available to take home to do in the comfort of your own home or group sessions available.

Play Reading

Find your inner actor in a supportive environment with people who like experimenting with reading plays.

FACILITIES AND SERVICES

Meeting Rooms for Hire

Large Room seats 16-20
Small Room seats 8-10

Services

Public Internet Use * Laser colour printing and photocopying
* Laminating A4 and A3

Equipment for Hire

PA system * Data Projector and Screen * Laptops

Enrolment Information

CLASSES TO BE PAID FOR BEFORE COMMENCEMENT
ACFE classes require a student fee consistent with the "Ministerial Directions of Fees and Charges". Refunds only given if the class is cancelled by LINK. LINK is a not-for-profit organisation and late withdrawals from classes can result in the class becoming financially unviable, therefore cancellations (48 hours or less) or non-attendance results in out-of-pocket expenses for LINK -

Direct Deposit:

Learning and Information Network Kaniva
BSB: 063696 Account No: 10001027

Square Card payments available

Website for details on all programs visit the LINK website
<http://www.kanivanh.org.au/>

Brochure and Newsletter

Please contact LINK if you would like to have a brochure or newsletter emailed.

RECYCLING @ LINK

Bread Tags for Wheelchairs

Printer Cartridge Recycling

2nd Hand Books for sale - \$2 each

CONTACT US

50 Commercial Street, Kaniva, 3419
03 53 922865

kanivalc@bigpond.net.au

www.kanivanh.org.au

Kaniva LINK Neighbourhood House



LINK NEIGHBOURHOOD HOUSE

Activities Program 2025

Opening Hours

Monday - closed
Tuesday, Wednesday, Thursday 10-4:30
Friday 10-2:30

